

Trafford School Lunch

Week 1

On the side:

Meatballs in BBQ Sauce	Pasta Crusty Bread
Stuffed Quorn Tortilla	Mixed Country Vegetables Jacket Potato
Artic Roll	Bean /Tuna

Week 2

On the side:

Chicken & Leek Pie	Chipped Potatoes
Vegetable Ravioli	Garden Peas
Chocolate & Vanilla Mousse	Jacket Potato Cheese

Week 3

On the side:

Cottage Pie	Crusty Bread
Tomato & Basil Pasta	Green Beans
Flavoured Frozen Yoghurt	Jacket Potato Cheese

Week 4

On the side:

Chicken Wraps & rice	Country Vegetable
Vegetable Chilli	French Bread
Raspberry Smoothies	Jacket Potatoes Tuna /Beans

Monday

Tuesday

Wednesday

Thursday

Friday

Baked Pollock With Lemon	Chipped Potatoes
Vegetable Balls & BBQ Sauce	Garden Peas & Sweetcorn
Carrot Cake	Jacket Potato Beans

Mexican Chilli	Basmati Rice
Crispy Vegetable Burger	Sliced Green Beans Jacket Potato
Chocolate Muffins	Cheese

Roast Turkey	Roast Potatoes
Leek And Potato Bake	Baton Carrots & Broccoli
Jacket Potato Tuna, BBQ Bean	Vanilla Biscuit

Stuffed Chicken & Veg Tortilla	Diced paprika Potatoes & Rica
Quorn Chilli Con carne	Garden Peas
Lemon Shortbread	Jacket Potato Cheese

Fish finger Wrap & sweet chilli sce	Basmati Rice
Sweet Chilli Vegetables	Mixed Vegetables
Berry & Greek Yoghurt	Jacket Potato Beans

Roast Chicken & Yorkshire Pudding	Roast Potatoes
Quorn Burger	Broccoli & Mashed
Oatmeal Cookies	Carrot & Swede
Jacket potato Tuna & beans	

Braised Sausage in Gravy	Creamed Potatoes
Quorn Goulash	Cauliflower & Baton
Seasonal Fruit & Yoghurt	Carrots Jacket Potatoes beans

Beef & Sweet Potato Goulash	Crusty Bread Mash Potato
Quorn Sausage	Sweet corn
Blueberry Muffins	Jacket

Spaghetti Bolognaise	Garlic Bread
Sweet & Sour Noodles	Crusty Bread Baton Carrots
Seasonal Fruit & Yoghurt	Jacket Potato Tuna or Beans

Cajun Chicken	Stir Fried Noodles
Boston Bean Casserole	Sliced Green Beans
Apple, berry & Pear Crumb	Custard Jacket Potato

Spicy Lamb Bake	Basmati Rice
Quorn Burger	Sweetcorn Jacket Potato
Seasonal Fruit & Yoghurt	Cottage Cheese

Fish Cake & sweet Chilli Sauce	Diced Potatoes
Quorn Bolognaise	Mushy Peas Spaghetti
Ginger Cookies	Jacket Potatoes

Salmon Fish fingers	Jacket Wedges
Quorn Sausage Roll	Diced Carrots
Fruit & Yoghurt	Jacket Potatoes Egg Mayo

Chicken Tikka Masala	Basmati Rice & Naan Bread
Chickpea & Lentil Tikka Masala	Garden Peas
Lemon Drizzle Cake	Jacket Potato Cheese

Sliced Ham & Pineapple	New Potatoes
Vegetable & Bean Burrito	Broccoli & Sweetcorn
Seasonal Fruit & Yoghurt	Jacket Potato Beans

Homemade Pork Sausage Roll	Chipped Potatoes
BBQ Quorn Fillet	Baked Beans
Jacket Potato	Flapjack
Coleslaw	

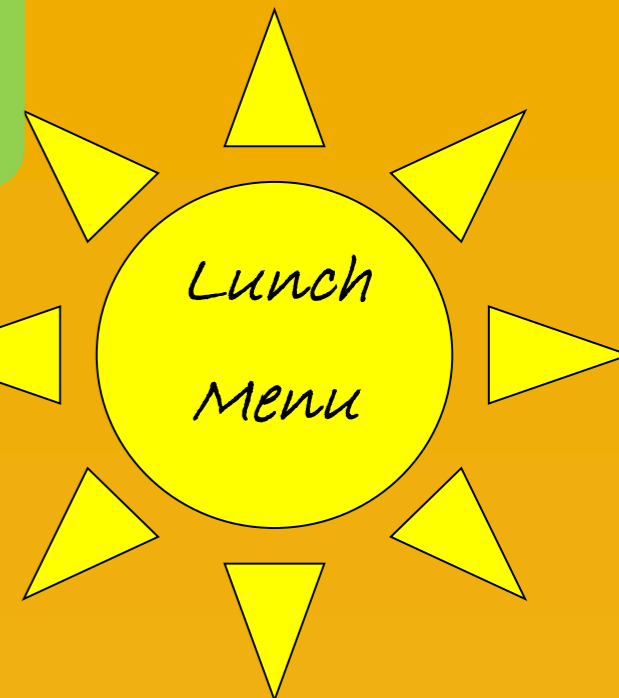
FRESH SALAD
And Baked Jacket Potatoes Are AVAILABLE DAILY

Jugs of water,
Yoghurts & freshly prepared fruit Daily





TRAFFORD SCHOOL MEALS



ALL OUR BEEF IS FROM THE UK OR IRELAND

WE CAN TRACE EVERY CUT OF MEAT BACK TO THE FARMS OF ORIGIN

Trafford are committed to Healthy Eating in our Schools, Supporting The Food for Life scheme, cooking Fresh and Homemade meals

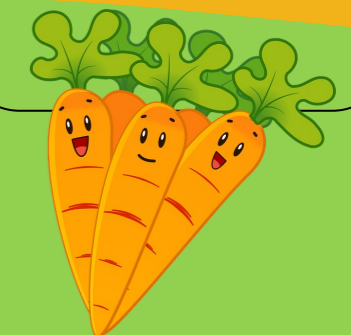
We buy 95% of our seasonal vegetables direct from British Growers

Lunch Menu

We can bespoke our menu's to reflect your children's dietary needs, so that school meals can be enjoyed

All our fish is MSC approved and all our bananas and sugar are Fair Trade

WE SUPPORT MEAT FREE MONDAYS!



We support 82 British Dairy Farms



Our Chicken and Milk are Red



All our fish is MSC Approved and all our bananas and sugar are Fairtrade



We only use Lion Quality Eggs



Over 30% of our products are transported by vehicles that run on biodiesel

Education Catering Services, OSfE, Trafford Council, Moss View Centre, Moss View Road, Partington, Manchester M31 4DX

Telephone: 0161 912 5556 Email: catering@trafford.gov.uk Website: trafford.gov.uk